# Chapter 2 THE SOCIAL WORK SERVICES DIVISION

# 2.1 GENERAL REMARKS

### Objectives

Stressing the principles of enabling the development of individual potential, promoting human dignity, respect and self-determination, Social Work Services Division ("the Division") provides its services through an ongoing process of awareness, participation and sharing. The services strive to bring about positive changes and development in personal behaviour, individual attitude, physical environment and social structures. The Division aims to promote a caring community grounded on truth, love, justice and freedom.

### Highlights of the Year

# Review Visit of Service Performance Monitoring System

Review visits by Social Welfare Department ("SWD") were held at six of our service units including Caritas Lok Shing Hostel, Caritas Lok Wah Hostel, Caritas Integrated Family Service Centre – Shaukeiwan, Caritas Children and Youth Centre – Cheung Hong, Caritas Community Centre – Tsuen Wan and Caritas Fu Heng Home. All of them were assessed to have met all the requirements of the respective Funding and Service Agreement and the Service Quality Standards.

#### **Training and Fieldwork Placements**

During the year covered by this report, the Division provided 76 fieldwork placements for social work students from 8 local training institutes. As a joint venture with Caritas Francis Hsu College, fieldwork placements and mentorship scheme had been offered to 101 and 122 of its students with 82 and 78 of our social workers being the trainers respectively.

#### Staff Survey

A staff survey had been conducted in November 2010 with the following objectives: (1) To understand staff's work satisfaction, stress level and aspiration; (2) To understand staff's alignment with Caritas Mission and service implementation; and (3) To understand staff's views on team work and agency support. A total of 1,680 valid questionnaires had been collected for analysis. The findings of the survey indicated that staff had strong alignment with Caritas Mission and they agreed that the service delivered was able to actualize Caritas Mission. The findings would help to formulate strategies for human resources management in the coming future.

#### Service Units and Staff

The Division now operates 112 subvented service units and 18 non-subvented service units with a staff of 3,231, of which non-core part-time staff is not included.

#### Vote of Thanks

Our heartfelt thanks go to the Catholic Diocese of Hong Kong for its Lenten Fund, and to the many donors who provided financial assistance to serve 31,940 needy people, particularly helping the unemployed and under-employed families improve their livelihood. Besides, grants had been received from charitable trusts and foundations, government bureaux and departments, as well as corporations to subsidize our units to launch pioneering projects, to upgrade the facilities as well as to strengthen our services to serve more underprivileged people.

### Staff Development

# Programmes Funded by the Lotteries Fund One-off Subsidy

With the allocation of the Lotteries Fund One-off Subsidy, a total of 116 training programmes were launched with an attendance of 5,451 during the year, of which a management course was organized for 35 mid-level staff. Resources were also allocated for staff formation, including districtbased staff formation programmes and Employee Emotional Support Project. The Project had set up a hotline service to resolve staff's individual/family problems, and organized workshops for staff members which promoted self-understanding, team building and positive thinking.

# Programmes Funded by the Social Welfare Development Fund

SWD had allocated a sum of \$16.90 million from the Social Welfare Development Fund for staff development programmes and eight studies for service enhancement until March 2013. Inservice training programmes, for both professional and non-professional staff would be organized and staff would also be subsidized to attend external training programmes, including enrolled nurse training programme, as well as block placement for professional training.

#### Sharing Session on Sexual Harassment

A sharing session was organized to facilitate our staff to handle complaint of sexual harassment and to arouse their awareness and sensitivity at work. It was suggested that guidelines would be provided in new staff orientation and staff development programmes.



Management course for mid-level staff

### New Publications

#### **Booklet on Partnership**

Service units invited different stakeholders to be our partners in providing service, such collaboration had enabled our staff to launch tailor-made service to meet the specific needs of the disadvantaged groups. A booklet entitled "Partnership in Serving the Community", recorded some of the collaborative projects, was published to share our experience with the community.

# e-Newsletter

The Division had introduced its first e-Newsletter which highlighted some of our service projects for service promotion and experience sharing. The e-Newsletter would be issued quarterly.

#### Way Forward

#### **Project Hope**

The Division would launch a programme "Project Hope" to facilitate our staff as well as our stakeholders to deliver the message "Love in the Service of Hope" through activities in five themes, namely, "Positive Thinking", "Problem Solving", "Goal Setting", "Thanksgiving" and "Volunteering".

#### Service Development

With the allocation of the Social Welfare Development Fund, the Division would conduct a survey to study the needs of the carers of patients with mental illness.

Another sum of \$2.30 million was approved to develop four IT projects, namely, (1) e-Learning System; (2) e-Staff Training Management System; (3) e-Volunteer System; and (4) Caritas Rehabilitation Service Management System. These systems were expected to be launched in 2012 for staff, except that the e-Volunteer System could also be accessed by the public.





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The themes of Project Hope

# Redevelopment Project of Caritas Social Centre – Tsuen Wan

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Caritas – Hong Kong solicited support from SWD to redevelop the Social Centre at Tsuen Wan. Local consultation had also been conducted at Tsuen Wan District Council Meeting with District Councillors given their support to the project. Once the approval of lease modification was received, Caritas – Hong Kong would start the building works and to establish an integrated service model with units located at the building to better serve the community.

# 2.2 FAMILY SERVICE

### Objectives

The objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life. These are achieved through Family Casework Service, Clinical Psychology Service, Family Aide Service, School Social Work Service, Treatment and Rehabilitation Programme for Substance and Drug Abusers and other time-limited supporting projects, offered in the eight Integrated Family Service Centres, two club premises of Lok Heep Club, Wong Yiu Nam Centre, Family Crisis Support Centre and Addicted Gamblers Counselling Centre, located in major residential areas of Hong Kong.

# Highlights of the Year

#### **Positive Lifestyle Education Scheme**

Sponsored by the Quality Education Fund, this scheme aims at enhancing the positive thinking and behaviour of youths. Through talks, classroom programmes and group activities, students learned to eradicate their negative thinking and prejudices and replace them with positive ones. A video titled "You're the Best" was produced to promote resilience towards life's hardship. A Multi-media Creative Competition was held with the award winning works published in a "Positive Living" booklet.



Promotion of positive culture in the school



"You're the Best" - Video on Positive Lifestyle Education



Actors of "You're the Best"

#### Sex Education for Parents and Children

This three-year project (2008/2011) aims to promote Christian ethics and values in love and sexuality among students and their parents. With extensive experience in working with youths, our trainers made use of real case examples to illustrate the complexity of love relationship and employ interactive games to convey the positive message. In the past year, 89 sessions of talk or group were conducted for 4,322 students or parents.



Sex Education Talk: good interaction between trainer and students



Publicity leaflet of the Sex Education Project



Professor Joseph Sung, Vice Chancellor & President of The Chinese University of Hong Kong shared his challenges in SARS



The participants enjoyed a memorable night at the seminar

# "Hong Kong Story – Love and Hope in Adversity and Crisis" Seminar

Over 250 participants retraced the episodes of SARS, Financial Tsunami, Sichuan Earthquakes and Manila Hostage incidents through video presentations and sharing by honorary guests of the seminar held on 25 September 2010. The sharing by different professionals and volunteers was an excellent model to depict the power of love and hope amidst adversity. Caritas Family Crisis Support Centre hoped that through this seminar, the spirit and morale of Hong Kong people would be resilient and rebounded.

### New Services

# Triple P – Positive Parenting Programme

The Triple P is an evidence-based programme widely adopted in different countries including Australia, United States of America, United Kingdom, New Zealand, and Singapore etc. With the coordination by the Service, 15 triple P groups had been held since September 2010 with around 100 parents participated. Feedback of participants was extremely good as they had established more positive relationship with children and became more confident and competent parents.

# Project on Prevention and Treatment of Sexual Trauma of Youngsters

The Project is sponsored by Hong Kong Bank Foundation through Community Chest of Hong Kong since July 2010. In view of the increasing trend of on-line socializing sex offence and compensated dating among young people, leading to higher risks for sexual trauma, the project provides both internet and direct services on sex and relationship education to help the community review "body image", "gender issue" and "intimate relationship" in different perspectives and depth. Counselling service on sexual trauma is also provided for victims.



Triple P - Positive Parenting Programme in progress



Leaflet of the Triple P Programme



Talks to schools on sex and relationship education: use of interactive drama to open a channel of discussion with upper primary and secondary school students



Drama talk "Listen To Your Own Body": use of drama to bring out the theme of integration of sex and relationship stories of different genders

# New Publications

A book titled "Gambler No More Please: Gambling Counselling" was published by Caritas Addicted Gamblers Counselling Centre in September 2010. It helps readers to unlock the puzzles about gambling by understanding the gamblers, the fact of gambling, the gambling counselling as well as the rehabilitation process. It also assists readers to see the adversities and feel the pains caused by problem gambling.

A book titled "Wrestling With Gambling" with all the stories which were real cases served by the Caritas Addicted Gamblers Counselling Centre was published in October 2010. This book not only gives a ray of hope to the problem gamblers but also helps their family members give up the decision of deserting them.



"Gambler No More Please : Gambling Counselling"



"Wrestling With Gambling"

#### Staff Development

Family Service has organized 37 training programmes for social workers. clinical psychologists and supporting staff. The courses Trainer / Facilitator included Certification Programmes in Myers-Briggs Type Indicator, Personality Dimension, Triple-P, Family Mediation and Crisis Management, etc. Besides, about half of the courses aimed at enhancing clinical intervention knowledge and skills for social workers of different ranges of experience.



Participants of the Certification Programmes

# 2.3 SERVICES FOR THE ELDERLY

#### Objectives

Caritas Services for the Elderly aims to provide community care and support services for the elderly aged 60 or above. It aims to help them to maintain their general well-being and quality of life as well as to uphold their self-esteem and ability to live actively in the community. These are achieved through a comprehensive range of services which are centre services, residential care services, and in-home care services.

# Highlights of the Year

#### Age-friendly Cities

A survey on "Age-friendly Public Transportation and Road Facilities" (長者友善的交通工具及道路設 施調查) jointly organized by the Service, Caritas Youth & Community Service and the City University of Hong Kong was conducted in September and October 2010. Totally 1,683 elderly service users were interviewed and the findings were announced at a press conference held on 20 November 2010 at the City University of Hong Kong. The conference was attended by the representatives of the World Health Organization ("WHO"), Hong Kong Council of Social Service ("HKCSS") Elderly Service, and Citybus Limited etc. Opinions on installation of age-friendly facilities at the bus compartment and road facilities, such as installation of handrails. elevators/escalators. etc and needs in their daily living were expressed. It was hoped that the government and public utilities would adopt their opinions and the WHO principles in formulating the age-friendly policy for public transportation.



 $\ensuremath{\mathsf{Press}}$  Conference held on 20 November 2010 to release the survey findings

## New Services / Projects

# Netting Service for Isolated Elders in Sham Shui Po

The HKCSS Digital Solidarity Fund approved a sum of \$133,920 to Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po) for the organization of the Netting Service for Isolated Elders in Sham Shui Po"關愛無私、共融無界 - 私院私樓數碼共融計劃" from June 2010 to April 2012. The project aimed to strengthen network of elders living in private homes and private buildings in Sham Shui Po district with their family members / friends living locally or overseas, through the use of video conference and e-mail.

## **Domestic Helpers Project**

A two-year project for domestic helpers "家加樂傭融" commenced service in August 2010 with a donation from an estate. The programme aimed at relieving the carers' stress through (a) provisions of training on proper caring skills for the domestic helpers; and (b) organization of social and educational programmes to enhance the communication and relationship among the elders, elders' family members and the domestic helpers.

# New Service Centre at Shatin

With the sponsor of Mrs. Christina N.K. Lee and the Hong Kong Jockey Club Charities Trust, a new service centre, Caritas Jockey Club Integrated Day Services Centre for the Elderly, commenced service in a new building named Caritas Christina N.K. Lee Building of Caritas Harold H.W. Lee Care and Attention Home in November 2010. The Centre operated self-financing day services to the elders and their carers at the neighbourhood area.



Caritas Christina N.K. Lee Building



Awards Obtained

# Hong Kong Outstanding Award for Residential Care Homes for the Elders

Caritas Harold H.W. Lee Care and Attention Home won the champion at the Hong Kong Outstanding Award for Residential Care Homes for the Elders organized by the Hong Kong Association of Gerontology in April 2010. Outstanding Awards were also presented to Caritas Ying Shui Home and Caritas Fu Tung Home; while Caritas Fu Heng Home and Caritas Evergreen Home won the Credit Awards for their good practices.

# 5S Innovative Award

Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po), Caritas Ying Shui Home and Caritas Integrated Home Care Service – North District won 5S Innovative Award organized by the Hong Kong 5S Association in June 2010. The smart working tip "倒米易" initiated by Caritas Integrated Home Care Service – North District won the Silver Medal, while the innovative ideas of the other two units won the meritorious awards. Caritas Services for the Elderly also won the Organization 5S Innovative Award.

Clients shopping at the Elder Support Link

# Yourable Fashion Design Campaign 2010

The fashion designed by a blind member of Caritas Elderly Centre – Shatin for her husband won the Most Innovative Award at the Yourable Fashion Design Campaign 2010 on 17 July 2010. The Campaign was organized by the Troels H. Povlsen Care Apparel Centre of the Hong Kong Polytechnic University and five elderly and rehabilitation service organizations. It aimed to encourage the elderly and disabled persons to express their gratitude to their loved ones through designing fashion for them.



Winner of the Most Innovative Award

# Outstanding Third Age Citizens Award 2011

Three elderly members (Mr. Wong Wai Chiu, Mr. Cheng Tin Yan and Mdm. So Suk Ching) were awarded the Outstanding Third Age Citizens Award 2011 on 25 March 2011. This Award was jointly organized by the HKCSS and the Hong Kong Electric. It aimed to recognize the elderly with outstanding performances in the areas of lifelong learning, healthy living and participation in social services. A total of 12 Third Age Citizens were selected out of 80 nominations.



Winners of the Outstanding Third Age Citizens Award 2011

# 2.4 REHABILITATION SERVICE

#### Objectives

The objectives are to provide comprehensive and effective rehabilitation training programmes, sheltered work, vocational guidance, residential care, social and recreational programmes for disabled young children and adults with intellectual or mental disabilities. These programmes endeavour to develop their potentials and capabilities and to enhance their personal growth for more self-reliance and for fuller participation in community life. Supportive services are offered to parents, carers and family members of people with disabilities in order to strengthen mutual support among themselves for actualization of individual potential and empowerment of family functioning.

#### Highlights of the Year and New Services

# Early Identification and Intervention Projects for Pre-school Children with Special Needs

With funding supports from Li Ka Shing Foundation – "Love Ideas Love Hong Kong" as well as the estate of Mr. Ng Kam Choi, two special projects named "Project Hope" and "Preparatory and Adjustment Programme for Pre-school Children with Special Needs" have been launched since January 2011 to provide early intervention training and professional support services for disabled pre-schoolers for early education and training services. More than 100 pre-school disabled children and their parents could be benefited from the Projects.

# Mental Health Services for Individuals and the Community

Additional funding from the government was applied to integrate our community mental health services. The Caritas Wellness Link – Tsuen Wan and Caritas Wellness Link – North District were formed as two Integrated Community Centres for Mental Wellness on 1 October 2010. These two centres provide one-stop supportive services for persons with mental illness or suspected mental problems in the community. The programmes involved outreaching visits, therapeutic groups and education talks to promote mental well-being among the public and the carers.

#### Special Programmes to Promote Inclusion

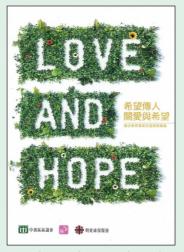
Caritas Rehabilitation Service conducted two public education programmes namely, "Early Identification • Early Intervention – Autism" and "Love and Hope – Sharing on Inclusive Education" for parents and teachers in kindergartens in the Central and Western District. They were funded by the District Office to advocate for equal opportunity and participation in mainstream education for children with autism and attention deficit. Experience and handling skills were shared with the teaching professionals and parents.

# "Let Arts Transform Life"

With the support from Queen Elizabeth Foundation for the Mentally Handicapped, the two-year project named "The Artland" was successfully launched. The main theme "Let Arts Transform Life" was promulgated among persons with intellectual disability through the introduction of a series of art training courses. Under the coaching and stimulation of tutors and volunteers, clients' strong potential in art creation were fully developed and realized. An art exhibition demonstrating their talents to the public was held at the Hong Kong Cultural Centre on 1 December 2010 and 2 December 2010. The participants and public were moved by the gorgeous master pieces of our service users. A calendar was designed to illustrate their artistry and to commemorate the event.



Early Identification - Early Intervention - Autism



Love and Hope – Sharing on Inclusive Education



A calendar was designed to promote our clients' artistry to general public



The Art Exhibition held at the Hong Kong Cultural Centre

#### Innovations to Meet New Service Needs

The project on ""Cheers" – Pilot Project for Persons with Intellectual Disability in the time of Ageing" had been implemented. With great support from the academics, professional bodies and involving staff from different disciplines, a series of programmes were conducted providing special health and dietitian care, dental health care, physical training and psychological support sessions for persons with intellectual disability aged over 40. Over 400 managerial and frontline staff from other NGOs participated in the event. A training manual was also compiled to share our experiences and good practices with the local practitioners.

# Table Tennis Competition for People with Mental Illness

Caritas King Hong Home organized and coordinated a table tennis competition for all people with mental illness in the community. There were altogether 146 participants from various NGOs joining the competition. The event was fruitful in motivating people with mental illness to participate in sport activities advocating team spirit and cooperation. One of the residents from our Caritas Lai Hong Home won the champion in the individual competition.

# Professional Development – Cognitive Behavioural Therapy ("CBT") for Parents with Disabled Children

A joint project with the Centre of Cognitive-Behavioural Therapy Education and Training for Chinese People was held to hold staff training programmes and research project on the application of the therapy among parents with disabled pre-schoolers. The CBT group worker manual was also compiled. The Project was selected to participate in a poster presentation in the Joint World Conference on Social Work and Social Development in June 2010.



Training manual of Pilot Project for Persons with Intellectual Disability in the time of Ageing



Table Tennis Competition

#### Staff Development and Training

# Staff Reflection Day of Caritas Rehabilitation Service

Two Staff Reflection Days were conducted and over 470 staff members attended the meetings. Missions and strategy of the Service were presented by the Deputy Chief Executive, Director of Social Work Services and Service Head.

#### Study Visit to Taiwan

A total of 15 delegates from Caritas Rehabilitation Service joined the Study Visit to Taiwan from 7 December 2010 to 11 December 2010. The study visit aimed to explore the service modalities in rehabilitation settings trying to meet the changing needs of the service users with advanced age through experience sharing with our service counterparts in Taiwan.

# 2.5 CHILD CARE SERVICE

#### Objectives

With the aim of cultivating the full development of children without discrimination as to their abilities and social background, Child Care Service provides educational and caring service for children aged 2-6 including families with single parent, working parents and mildly disabled children.

# Highlights of the Year / Achievements / New Services

# Identifying Children with Learning Difficulties in Early Years

To identify children with learning difficulties in early years and to implement appropriate interventions with the participations of parents, four Caritas Nursery Schools - Lei Yue Mun, Kai Yau, Tsui Lam and Shatin, collaborated with Caritas Youth and Community Service, have launched a project named "明愛小豆豆感覺體驗之旅" since May 2010. Both parents and nursery school teachers were benefited from a better understanding of dyslexia.

# Providing Stationing Nursery School Social Work Service for Children in Northern District

With the increasing population of cross-border children, a one-year project of Stationing School Social Work Service collaborated with Caritas Family Service was introduced at Caritas Nursery School - Ta Kwu Ling and Caritas Zonta Club of Hong Kong since September 2010. The project aimed at early identification and intervention to families with potential risks and thus supporting their emergent needs.



"Thank you for your hard work." "You are welcome." "Learning to learn" through collaborative activity (Caritas Nursery School)



"Look! There're some words written on the bicycle!" To nurture children's curiosity and awareness of print through real life experience (Caritas Nursery School)



Children visited the Mother of Good Counsel Church for their religious education (Caritas Kai Yau Nursery School)

# Recognition of the Merits of Development at School External Review

Upon the completion of school external review of all Caritas Nursery Schools, the uniqueness of the school culture "Love and Care" and the merits of school development have been recognized by the Education Bureau. With the learning process of "Enquiry – Exploration – Experience", the effectiveness of children's learning, particularly the creativity and language competency were well established.



School culture of "Love and Care" : The lovely little Santa Clause sang Christmas carols in an elderly home (Caritas Nursery School – Shatin)



A touching piece written by a child after visiting the elderly (Caritas Nursery School – Shatin)



Through open discussion, little kids shared their opinions on how to make good friends with others (Caritas Nursery School – Yau Tong)

# Staff Development and Training

# Service Development Day for Nurturing Collaborative Culture

The Service Development Day, with the theme "Collaboration for the Pursuit of Quality Early Childhood Education", was held on 24 April 2010. In order to provide opportunities for sharing of the significance in collaborative actions, good practices of two collaboration projects "Needs of Crossborder Children" and "Whole-school Approach for Inclusion in Nursery School" were shared among all teaching staff.

# Promoting Learning and Growth of New Teachers

An Orientation Day and two training workshops for new teachers were newly designed and conducted from August to September 2010. The challenges and difficulties encountered by new teachers had been thoroughly discussed in alignment with Agency mission and service objectives. The importance of personal attitudes and commitment to Agency had also been addressed to them.

# 2.6 YOUTH AND COMMUNITY SERVICE

## Objectives

Youth and Community Service ("YCS") aims to promote integral human development of young people and communities through the process of understanding, concern, participation and co-responsibility. The development process encourages a sense of individual and communal responsibility for the promotion of mutual care and social integration.

# Highlights of the Year

#### Three-year Strategic Service Plan

YCS compiled a Three-year Strategic Service Plan with its focuses on "Community-based; Social Concern Pivoted; Serving First The Disadvantaged; Evidence-based; Cross-service Collaborated; Resource Creating; New Service Initiating and Quality Management", as the main strategic directions to bring visions to practice.

# Care for the Poor and Promotion of Social Integration

A three-year project namely "Proactive Venture on Caring, Loving & Aspiring Initiative" under the Child Development Fund was launched for 100 children at the age group of 10 to 16 in Tsuen Wan and Kwai Chung districts with the aim to train them how to plan for their future and personal development.

# Exploration of Needs for Grass-roots Families

An in-depth interview with nine grass-roots families under the project of "Grass-roots Families and Social Exclusion" was conducted through the joint efforts of YCS and Justice and Peace Commission of the Catholic Diocese to explore the needs of these families. From this interview, it was noticed that such families were facing serious social exclusion and difficulties in labour and consumer markets. A press conference was held to release the findings. Besides, the cases were connected to the groups and networks formed at different service units for follow-up services.



Strategic Plan 2010-2013



Annual Staff Assembly Booklet

Bank Account Opening Activity for Adolescents of "Proactive Venture on Caring, Loving & Aspiring Initiatives"



Cheque presentation from donor at the opening ceremony of "Proactive Venture on Caring, Loving & Aspiring Initiatives"

#### Legislation of Minimum Wage

Six community centres of YCS had jointly conducted a series of activities on "Minimum Wage: How Much We Need" to review the appropriate level of minimum wage. Other than voting and discussions, concerns were also focused on the financial situation of low income youths.

# Unity and Social Integration of Social Groups

YCS has continuously organized cross-cultural learning programmes with the hope for ethnic minorities to mingle with local residents through their participations in different activities including cultures, amusements, and community programmes held in different districts.

#### Promotion on Community Mental Health

In addition to the Jockey Club Early Psychosis Project jointly organized by the Department of Psychiatry of The University of Hong Kong and YCS to promote mental health, a number of community centres continued to provide follow-up services for mental health patients. Moreover, two other community centres also provide assistance for children/youths (aged between 9 and 14) and parents suffering from emotions and anxiety problem.



"Eid and Diwali" show, a festive event for South Asian Community, was held in November 2010 with cultural programmes from different ethnic groups

# Care for Specific Learning Disabilities ("SLD") Students and Families

The subsidy from the Community Chest also helped expand such service for those SLD students to be provided with appropriate schooling. Furthermore, YCS conducted a survey on the issue of taking care of SLD students in secondary education.



The ceremony of comic competition organized by Jockey Club Early Psychosis Project



Forty SLD children supported by Hope Foundation, cooperated with "Grand Jeté " to have two-day show "Nobody Knows" on 19 August 2010 and 20 August 2010

### Support to High-risk Youths

YCS jointly implemented a project "Muguet" with The Hong Kong Polytechnic University to provide comprehensive service for teenage and drugabusing mothers. Moreover, a layette charity bazaar was also established under another project of "Green Baby Garden". This charity bazaar, in a mode of social enterprises, was mainly to sell recycled baby and children necessities in order to support unmarried and/or single-parent mothers to stand on their own.

# Guidance for Proper Usage of Information Technology

The work for guiding youths to make good use of information technology properly had been maturely progressed. Other than organizing parents' groups, a children website of "Beanscity", whose service had been publicly praised, also provided positive influence to children.

# Staff Development and Training

#### Staff Training Programmes Organized by YCS

YCS organized 28 staff training programmes and 3 exchange learning programmes. In addition, YCS also subsidized its staff members to participate in international and regional conferences.

### Publications

YCS published four books with the contents relating to at-risk youths, specific learning disabilities, adventure-based counselling and youth transformational growth to enrich social workers' experience.



Specific Learning Disabilities Community Supportive Model



Drug Education and Counselling in Entertainment Venue



Adventure Based Counselling



Youth Transformational Growth



"Green Baby Garden" is a supportive social enterprise for young unwed mother



Beanscity's table stand for Easter

# 2.7 COMMUNITY DEVELOPMENT SERVICE

#### Objectives

Community Development Service ("CDS") aims at the formation of genuine human communities through a constant process of awareness, participation and sharing.

### Highlights of the Year

#### Promotion of Community Mental Health

CDS continuously cooperated with various Estates Management Committees to organize various activities in supporting and taking care of people suffering from melancholic disease. Other than seminars and questionnaire, there are also newsletters and relevant mutual care groups to provide supports to people who needed such service.

# Activities for Promotion of Women's Health

A survey report on the topic of "Relationship between traditional cultures and women's stress" had been released. It proposed that HKSAR government should provide grants to set up women centre to build up the consciousness of women. Gender education should be emphasized in both secondary and tertiary schools. The subject on gender and the forum on discussing traditional belief should be enhanced.

#### **Relief of Expensive Travelling Expenses**

Through an investigation conducted by Lai Chi Kok Workers Centre, it was considered that the government should not set too many restrictions for low income people to apply for cross-district transport subsidy to relieve their expensive travelling expense.



Volunteers assisting residents to check their depression score



Social workers suggesting lowering bars for eligibility for the Travelling Allowance Scheme



Staff calling for public concern on long working hours on the International Labour  $\ensuremath{\mathsf{Day}}$ 

### Organizing Works for the Disadvantaged

Regular visits were made to identify their communal needs. A project to reactivate a fishing village in Cheung Chau Sai Wan was also launched to upgrade dwellers' own image and efficiencies with the hope to explore their strength of persistence and patience through the activities organized by social workers. This project was successfully established with the recognition of fishermen's unique culture by the community.



Ladies displaying their traditional clothes



Fishermen celebrating the success of the programme displaying their unique culture

# City Farmer -Organic Farming Education Project

Through the efforts in the past two years, the farm eventually reached the stage of self-sufficiency. With the expansion in area, the farm planted a great varieties of vegetables and started to cultivate white mushroom. However, there would still be rooms for increasing volume of vegetables, while the activities of organic education would continue to be improved.



Side view of the education centre and mushroom plant house



Front gate of the Education Centre of Caritas City Farmer

### Staff Development

# Establishment of Long Term Plan for Community Development Service

A number of issues relating to the communal needs and supports were discussed among our staff members at the 2011 Staff Camp. The result of such discussions and follow-up issues would be incorporated in our 3-year plan as part of our directions for implementation.



Social workers discussing with service users on future development

# 2.8 OTHER SOCIAL WORK SERVICES

#### **Caritas Pelletier Hall**

The Hall provides residential care service for adolescent girls aged 13 to 18, who have behavioural and/or emotional problems, and who may be under the influence of undesirable peers and thus require a period of group-living experience away from their families. Service capacity of the unit is 110 residential placements, divided into 5 living groups. During the year, a total of 175 girls received our service and the occupancy rate was 88%.

For the year 2010/2011, the theme of service programmes was promotion of an "Energetic Home". A series of workshops and activities were implemented to enhance students' liveliness and happiness. Major programme of the year was the "2nd Darling Scheme", a social service project inviting underprivileged families from the local community to participate in activities and barbecue.

Three staff members completed the "Happy Coach Trainer" Training Programme organized by the Happy Living Community Health Promotion Project of the Wong Tai Sin/Sai Kung District. It was planned to organize Junior Happy Coach Training for students, parents and staff in the coming year.



"Exercising Together" - launching of the "Energetic Home" Programmes



Cheerful faces of participants of the "2nd Darling Scheme"

### Caritas Pui Tak Centre

The Centre provides round-the-clock residential care service for girls aged 16 to 21 with behavioural, emotional and family problems. The serving capacity is 24. The occupancy rate of this year was about 98% and the total number of girls served was 36.

# Caritas Hostel – Hunghom

The Hostel provides temporary accommodation for male aged 18 or above who are in desperate housing need or in crisis situation such as street sleepers, discharged prisoners and ex-drug addicts to tide-over the critical period before they could secure a stable and long-term living.

The capacity of the hostel is 50. During the period, services were provided for 194 people and the occupancy rate was 68%.

# Caritas Jockey Club Hostel – Choi Wan

The Hostel provides short-term accommodation for needy female individuals and families in crisis who have an immediate housing need. The serving capacity is 40. During the period, the occupancy rate was about 83% and 115 women received our service.

# Appendix: Grants

# Social Work Services Division has received grants from the charitable trusts and foundations, government bureaux and departments below:

- ACCA Charitable Foundation Limited
- Apple Daily Charitable Foundation
- Beat Drugs Fund Association
- BOCHK "Caring Hong Kong A Heart Warming Campaign"
- Brewin Trust Fund
- Constitutional & Mainland Affairs Bureau
- Council for the AIDS Trust Fund
- Education Bureau
- Environmental Campaign Committee
- Environmental Protection Department
- Equal Opportunities Commission
- Fu Tak Iam Foundation Limited
- Home Affairs Department
- Hong Kong Housing Authority
- Integrated Employment Assistance Scheme
- Intensive Employment Assistance Fund
- Johnson & Johnson Asia Pacific Contributions Fund
- Keswick Foundation Limited
- Labour and Welfare Bureau
- Lee Hysan Foundation
- Leisure & Cultural Services Department
- Li Ka Shing Foundation
- Li Po Chun Charitable Trust Fund
- The Lotteries Fund
- Oxfam Hong Kong
- Ping Wo Sponsorship Scheme
- Quality Education Fund
- Queen Elizabeth Foundation for the Mentally Handicapped
- S.K.Yee Medical Foundation
- School Funding
- Southern District Healthy & Safe Association Limited
- The Board of Management of the Chinese Permanent Cemeteries
- The Community Chest of Hong Kong
- The Estate of Mr Ng Kam Choi
- The Hong Kong Jockey Club Charities Trust
- The LUA Foundation
- The Sir Robert Ho Tung Charitable Fund
- The University of Hong Kong & Hospital Authority